

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>!st day of practice</i> <i>You must have all your paperwork for practice</i> 2:45– 5:00	3 <i>Practice</i> 2:45– 5:00	4 <i>Practice</i> 2:30– 5:00	5 <i>Practice</i> 2:45– 5:00	6 <i>Practice</i> 9 - 11	7 <i>Practice (optional)</i> 9-12 with varsity
8	9 <i>Practice</i> 2:45– 5:00	10 <i>Practice</i> 2:45– 5:00	11 <i>No practice after school– parent night practice at 6:30– 8:30</i>	12 <i>Practice</i> 2:45– 5:00	13 <i>Practice</i> 2:45– 5:00	14 <i>Practice (optional)</i> 9-12 with varsity
15	16 <i>Practice</i> 2:45– 5:00	17 <i>Practice</i> 2:45– 5:00 <i>Booster Meeting</i> 6:30	18 <i>Practice</i> 2:30– 5:00 <i>Weight Cert.</i> <i>Holt HS 5:30</i>	19 <i>Practice</i> 2:45– 5:00 <i>Excel weight certs</i>	20 <i>Practice</i> 2:45– 5:00	21 <i>Practice (optional)</i> 9-12 with varsity
22	23 <i>Practice</i> 2:45– 4:30	24 Fort Zumwalt South BUS 4PM	25 <i>No Practice</i>	26 <i>Happy Turkey Day</i> <i>No Practice</i>	27 <i>Practice</i> 9-12	28 <i>Practice</i> 9-12
29	30 <i>Practice</i> 2:45– 5:00					

December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Pre Meet Practice 2:45- 4:30</i>	2 <i>VAR-Westminster/ St Charles West Tri meet (home) 4:30 JV/9th at SCW</i>	3 <i>Howell Central (away) Meet at Central at 4:30</i>	4 <i>Practice 2:45- 4</i>	5 <i>Var- Practice 9-11 JV- Troy Tour. 9th- Hazelwood Cen- tral Tourn</i>
6	7 <i>Practice 2:45- 5:00</i>	8 <i>Practice 2:45- 5:00</i>	9 <i>Practice 2:45- 5:00</i>	10 <i>Practice 2:45- 5:00</i>	11 <i>Practice 2:45- 5</i>	12 <i>VAR- Lindbergh JV- FHN 9th- off</i>
13	14 <i>Practice 2:45- 5:00</i>	15 <i>Pre meet Practice 2:45- 4:30</i>	16 <i>Var-HOLT/ TROY (home) JV/9th at (holt)</i>	17 <i>Practice 2:45- 5</i>	18 <i>Lee Summit Tournament</i>	19 <i>Lee Summit Tournament</i>
20	21 <i>Practice 12- 2</i>	22 <i>Practice 12-2</i>	23 <i>Practice 9-11</i>	24 <i>No Practice</i>	25 <i>No Practice</i>	26 <i>No Practice</i>
27	28 <i>Practice 9-11</i>	29 <i>Howell 9th/10th Tournament</i>	30 <i>Practice 9-12</i>	31 <i>Practice 9-12</i>		

January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Practice</i> 12-3	2 <i>Practice</i> 9-11
3	4 <i>Practice</i> 2:45– 5:00	5 <i>Practice</i> 2:45– 4:30	6 Howell North (Home) 4:30	7 <i>Practice</i> 2:45– 5:00	8 <i>Practice</i> 2:45– 5	9 Var- GAC JV– Granite City 9th off
10	11 <i>Practice</i> 2:45– 5:00	12 <i>Practice</i> 2:45– 4:30	13 Hazelwood West/ Pattonville tri (away)	14 <i>Practice</i> 2:45– 5:00	15 <i>Practice</i> 2:45– 5	16 Var– Riverview JV– Lindbergh 9th off
17	18 <i>No School</i> <i>Practice</i> 9-11	19 Lafayette– HS (away) 4pm	20 <i>Practice</i> 2:45– 5:00	21 <i>Practice</i> 2:45– 5:00	22 <i>Practice</i> 2:45– 4:30	23 Var- Thrasher JV– work thrasher 9th– GAC
24 Ryan Griffin Little League tournament	25 <i>Practice</i> 2:45– 5:00	26 <i>Practice</i> 2:45– 5:00	27 <i>Practice</i> 2:45– 4:30	28 Ft. Zumwalt North/ Rolla tri 9th home/ jv-v away	29 <i>Practice</i> 2:45– 4:30	30 TRIVIA NIGHT
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February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Practice</i> 2:45– 5:00	2 <i>Practice</i> 2:45– 4:30	3 Timberland (away)	4 <i>Practice</i> 2:45– 5:00 <i>Optional with varsity</i>	5 <i>Practice</i> 2:45– 4:00 <i>Optional with varsity</i>	6 Var– Howell Cenral JV– GAC
7	8 <i>Practice</i> 2:45– 5:00 <i>Optional with varsity</i>	9 <i>Practice</i> 2:45– 5:00 <i>Optional with varsity</i>	10 <i>Practice</i> 2:45– 5:00 <i>Optional with varsity</i>	11 <i>Practice</i> 2:45– 4:00 <i>Optional with varsity</i>	12 District Hazelwood Central	13 District Hazelwood Central
14	15 <i>Practice</i> 2:45– 5:00 <i>Optional with varsity</i>	16 <i>Practice</i> 2:45– 5:00 <i>Optional with varsity</i>	17 <i>Leave for Columbia</i>	18 STATE	19 STATE	20 STATE
21	22	23	24	25	26	27
28						